



HEALTH TIPS FOR FARM WORKERS



Stay up to date with your respiratory virus vax and boosters.



Let your employer know when you are sick.



Cover your mouth when you cough or sneeze.



Wash your hands for 20 seconds with warm soapy water.

WHO WE ARE

Pennsylvania growers know that keeping H-2A migrant workers, seasonal farm labor camp (SFLC) workers, and non-English speaking workers healthy takes a team, and we are here to help.

All resources provided by the Bureau of Epidemiology's Workplace Team are **free of charge**, to PA's working farms and orchards.

WHAT WE DO

The Workplace Team supports PA farm workers' health by providing free resources that encourage disease prevention, diagnosis, and treatment.

Getting sick from COVID-19, bug bites, or another disease impacts the health of your team.

Often farm workers work in a place for only a short time which makes it difficult to find health care. Plus, sharing housing can complicate the prevention of community-spread infections. Workers can also come in contact with diseases that are not common in their home countries.

Gathering guidance and supplies before an outbreak is key.

Differences in language and reading skills can lead to miscommunication. To bridge that gap, the workplace team can translate and create visually based health messaging for farms that employ and organizations that support farm workers.



WHAT WE OFFER

Free Public Health Consultations

Coordination of vaccines, boosters, and other health appointments

Translation of educational materials into many languages

COVID-19 test kits and **repellants** for the prevention of diseases from mosquitoes and ticks, and other health supplies

TO MAKE A REQUEST OR GET MORE INFORMATION:

 **1-877-PA-HEALTH** (1-877-724-3258)

 ra-dhworkplace_epi@pa.gov

 [Businesses \(pa.gov\)](https://www.pa.gov/businesses)