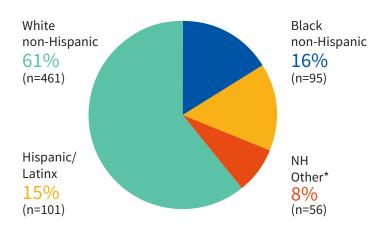
Postpartum Health Indicators PENNSYLVANIA FACT SHEET



Results shown are self-reported by 719 Pennsylvania respondents to the 2020 Postpartum Assessment of Health Survey (PAHS) at 12-14 months after giving birth. Data was collected from January 2020 to March 2021. Results are weighted to be representative of all postpartum people who had a live birth in Pennsylvania in 2020.

Demographic Characteristics - Race-Ethnicity



The Department of Health's Bureau of Family Health has a mission to equally protect and equitably promote the health and well-being of pregnant people, their partners, their children, and all families in Pennsylvania. The Bureau of Family Health acknowledges that systemic racism, other forms of oppression, and social, environmental, and economic inequities contribute to poor health outcomes and have a greater impact on health than individual choices, behaviors, or even their access to healthcare. These factors and experiences of discrimination impact a person's health throughout their life and can result in trauma that impacts health across generations. Certain communities and groups that have experienced historic and ongoing discrimination and oppression often experience a higher burden of negative health outcomes as compared to others. Differences in health outcomes are highlighted in this brief as these differences must be identified and addressed in order for all people to attain health and wellness. It is important to note that these differences in health outcomes by race and ethnicity are the result of systematic, unfair, and unjust circumstances.

7% of overall respondents did not attend a postpartum visit within two months of childbirth.



Top reason for not attending a postpartum visit

NH White NH Black H/L NH Other



Was in quarantine or concerned about infection from COVID-19.



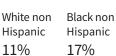
Any Mistreatment by Care Providers in Childbirth (MCPC)

13% of overall respondents experienced some form of mistreatment in childbirth.



Hispanic

11%





Hispanic

or Latinx

8%

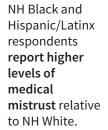


Other non Hispanic 28%

CI: NH White 4-11, NH Black 4-24, H/L 3-15, NH Other 3-27.

The MCPC scale is a patient-designed and validated measure of mistreatment during childbirth spanning multiple domains: physical abuse, sexual abuse, verbal abuse, neglect and abandonment, poor rapport between the birthing person and providers, loss of confidentiality, and lack of supportive care.

Group-Based Medical Mistrust Scale (GBMM)





White non Hispanic 24

Black non Hispanic 35

Hispanic or Latinx

Other non Hispanic 27

CI: NH White 4-11, NH Black 4-24, H/L 3-15, NH Other 3-27.

The GBMM is 12-item scale that assesses suspicion, experiences of discrimination, and lack of support in the health care setting. A higher score is indicative of greater medical mistrust. Score ranges from lowest possible score of 12 to highest possible score of 60.



Postpartum Health Indicators PENNSYLVANIA FACT SHEET

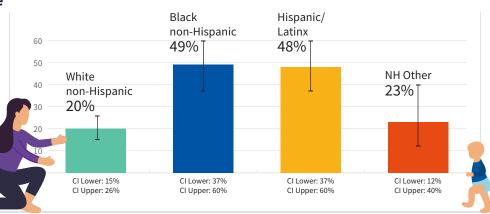


No Usual Source of Care

29%

of overall respondents did not have a usual source of care 12-14 months after childbirth.

A usual source of care is a place or provider that an individual or family usually goes to when sick or in need of advice about their health. Emergency rooms and hospitals are not considered usual sources of care.

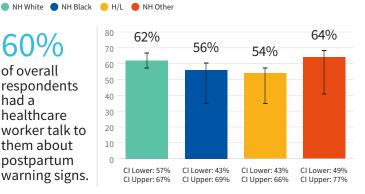


NH Black and Hispanic/ Latinx respondents are more likely not to have a usual source of care after childbirth.

Healthcare worker talked to you about any postpartum warning signs

60% of overall

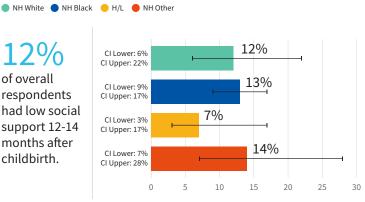
respondents had a healthcare worker talk to them about postpartum warning signs.



Warning signs included: chest pain, trouble breathing, dizziness/fainting, thoughts of self-harm, excessive bleeding, severe swelling, redness or pain in limbs, fever, migraine, changes in vision, or

Low Social Support (MSPSS)

of overall respondents had low social support 12-14 months after childbirth.

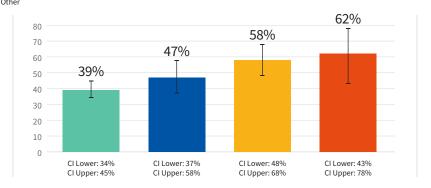


The MSPSS measures perceived adequacy of social support from three sources: family, friends, and significant other. MSPSS score ≤ 9 is indicative of low social support.

No Maternity Leave NH White NH Black H/L NH Other

45%

of overall respondents did not take any maternity leave after childbirth.



Minority respondents are less likely to take maternity leave.

^{*}Other non-Hispanic includes people who identify as Asian or Asian-American, Native Hawaiian or Pacific Islander, Native American or Alaskan Native, Southwest Asian, Middle Eastern or North African. The multiple minoritized race group includes people who identify as multiple races but, unlike a typical multiple race category, does not include those who identified as white and a minoritized race as those individuals are now included in the identified minoritized race category. This new categorization allows us to better characterize the differential experience of individuals who identify as more than one minoritized race/ethnicity. Bars represent 95% confidence intervals. Estimates with large confidence intervals should be interpreted with caution.